

科技大學學生生涯成熟度與其就業力之相關研究--- 以中部兩所大學為例

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摘 要

本研究主要探討科技大學學生生涯成熟度與就業力的現況，以及其相關問題。採問卷方式進行調查，研究對象為中部地區兩所科技大學，共獲有效問卷 818 份，研究結果如下：(一) 分別有三成的研究對象表示，主要透過學校與網路人力銀行瞭解就業訊息；(二) 經常或者每天花時間留意就業訊息者佔 11%；(三) 有四成的研究對象選擇職業時最在意的是薪資多寡；(四) 有四成的研究對象認為薪資介於 25,000~30,000 為合理；(五) 大約三分之一的研究對象認為公務人員的工作最佳；(六) 超過五成的研究對象認為實習經驗對未來就業最有助益；(七) 抗壓力、工作態度與學習力被認為是就業最需具備的能力；(八) 研究對象的生涯成熟度與就業力現況屬於中上程度；(九) 生涯成熟度與就業力間呈顯著正相關；(十) 生涯成熟度可以有效預測未來就業力。最後，根據研究結果提出若干建議，以提供學校相關輔導單位之參考。

關鍵詞：生涯成熟、科技大學、就業力

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An Investigative Study of the Career Maturity and Employability of University Students: A Case Study of Two Universities in Central Taiwan

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Abstract

This study mainly probes into relevant issues of college student's employability and career maturity. Questionnaires were distributed to university students in two central Taiwan universities and 818 valid data were collected. The result of study is as follows: (1) In source of labor market information, nearly 30% of the students show separately that mainly understand through the school and network job bank; (2) Only probably 11% of students will look out for job market information often or every day; (3) While choosing the job, about 40% of the students mention that the wages are the most concern factor; (4) 40% of the students think it is reasonable that the wages are between 25,000~30,000; (5) About 1/3 of the research objects think the job of the government functionary is the best; (6) More than 50% students think that the internship experience will benefit their future most; (7) Anti-pressure, attitude toward work, and learning behavior are the three most important abilities to have for seeking employment; (8) The career maturity and the employability of the research object belongs to the middle to upper level; (9) Career maturity of students present positive correlation with employability; (10) Career maturity can predict student's future employability effectively.

Keyword: career maturity, university of science and technology, employability

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